

ASHEVILLE CONSULTATION.COM

OFFICE POLICIES AND FEE AGREEMENT

You may pay for counseling/psychotherapy services directly or use your private insurance. We accept most insurances and are preferred providers for Aetna, BCBS, Cigna, Crescent, United Health, Tricare, Medicaid and others. The following fees are for clients who want us to file for services with their insurance carrier. We provide a reduced fee for clients paying directly for services. The discounted fees are given in brackets.

Intake session.....\$140/session (45-50 min.) [\$100 self-pay]
Psychotherapy for individuals.....\$100/session.....(45-50 min.) [\$85 self-pay]
Psychotherapy for couples or families.....\$100/session (45-50 min.) [\$85 self-pay]
Group Psychotherapy.....\$50/session (90 min.) [\$40 self-pay]
Clinical Supervision.....To Be Negotiated.

Payment

Payment for sessions or co-pays are due at the time of service unless other arrangements have been made. Sessions may be paid in cash, check or by credit card through our paypal link. If your financial circumstances necessitate a special payment plan please let us know.

If your financial circumstances require special consideration we do accept some clients on a sliding scale basis to be negotiated during the initial intake session.

For missed appointments or late cancellations with less than 24 hours advance notice you will be charged at 50% of the hourly rate due at the next scheduled appointment.

Regarding Insurance: Please note that whenever insurance is used, personal information such as your diagnosis becomes available to your insurance company and at times to employers. Managed care organizations often ask for detailed information about patients in order to make payment decisions. Paying for therapy directly assures that confidentiality is not compromised and that insurance companies are not influencing your therapy.

Signature_____Date_____